

Louisiana Team Nutrition Mini-Grant Guidelines

The Louisiana Department of Education and Well-Ahead Louisiana will award 15 schools a three-year grant to support healthier school environments that are conducive to healthy eating and physical activity.

Each of the 15 schools will have the opportunity to be awarded \$5,000 (\$2,500 in 2018-2019 and \$2,500 in 2019-2020) to implement the following strategies:

- Incorporate [Serving Up MyPlate: A Yummy Curriculum](#) or the [SuperTracker Nutrition Lesson Plans for High School Students](#) into the classroom;
- Communicate health messaging across multiple channels; and
- Implement [Smarter Lunchrooms](#) strategies and other changes that will help create a healthier school environment.

All awarded schools will receive on-going technical assistance. The grant application will open November 9, 2017 and close January 31, 2018.

Schools must meet the following criteria to be considered for the grant:

- Schools must be participating in the United States Department of Agriculture National School Lunch Program and School Breakfast Program.
- Schools must designate at least one representative from the applicant school to attend regional trainings and grant meetings. In 2017-2018, there will be a minimum of 2 grant meetings. There will be grant meetings and trainings throughout the duration of the three-year grant (2017-2020).
- Schools must have a team (two or more individuals), wellness council, or School Health Advisory Council willing to implement the mini-grant goals and objectives.
- Schools must complete the application at www.louisianafitkids.com by the specified deadline of January 31, 2018.
- Schools must be committed to creating healthy school environments that support students' healthy eating patterns.

All awarded schools will receive technical assistance on developing a grant action plan, timeline and budget.



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