



## **Learning Lab on Strategies to Reduce Childhood Hunger**

### **National Governors Association Center for Best Practices and Share Our Strength**

#### **Resource List**

##### ***NGA Resources***

##### **[State Strategies to Reduce Childhood Hunger](#)**

This NGA Center for Best Practices publication summarizes actions governors can take to help reduce childhood hunger in their states by drawing attention to the issue and implementing policy and programmatic changes to increase children's participation in child nutrition programs.

##### **[Increasing Access to School Breakfast](#)**

Recording of NGA Center for Best Practices' December 12, 2016 webinar on this topic, part of the NGA Spouses' Leadership committee initiative on reducing childhood hunger, led by Virginia First Lady Dorothy McAuliffe.

##### **[Increasing Access to School Breakfast](#)**

PowerPoint presentation package for above webinar.

##### ***Share Our Strength Resources***

##### **[Center for Best Practices](#)**

The No Kid Hungry Center for Best Practices provides the tools and resources needed to help elected officials and their staff, educators and community leaders achieve success in fighting childhood hunger.

#### **Session 1: Overview of Virginia Childhood Hunger Strategies and Initiatives**

##### **[Ending Childhood Hunger Isn't Just the Right Thing to Do – It's Smart](#)**

Virginia First Lady Dorothy McAuliffe's Op-ed in POPSUGAR outlining the importance of ending childhood hunger.

##### **[Exec. Order 34, Commonwealth of Virginia](#)**

Virginia Governor Terry McAuliffe's 2014 Executive Order establishing the Council on Bridging the Nutritional Divide.

[Superintendent's Memo No. 172-15](#)

Virginia Superintendent of Public Instruction Steven R. Staples' 2015 memo to division state superintendents requesting applications for 2015-2016 state funding for alternative school breakfast service models.

[No Kid Hungry Virginia Campaign Homepage](#)

Information on the No Kid Hungry Virginia campaign: a partnership that includes the First Lady of Virginia, Dorothy McAuliffe, the Virginia Department of Health, the Virginia Department of Education, and several corporate partners.

## **Session 2: School Breakfast Benefits for Students and Schools**

### ***Share Our Strength: No Kid Hungry Resources***

[No Kid Hungry Center for Best Practices School Breakfast Homepage](#)

The No Kid Hungry Center for Best Practices contains numerous resources for developing, implementing, and innovating school breakfast programs.

[No Kid Hungry Starts with Breakfast](#)

The analysis shows the potential impacts associated with school breakfast, including positive, large-scale outcomes in education, economics and health.

[Breakfast after the Bell Policy Solutions from Across the U.S.](#)

This brochure highlights key school breakfast policies, state legislation, and their impact.

### **Case Studies**

- [Colorado House Bill 13-1006: Breakfast After the Bell Program](#)
- [Illinois Senate Bill 2393: Breakfast After the Bell](#)
- [Nevada Senate Bill 503: Breakfast After the Bell Program](#)
- [The West Virginia Feed to Achieve Bill](#)

[Model School Breakfast Legislation](#)

This resource provides the key considerations and sample language for designing Breakfast After the Bell legislation in your state.

Resources to help schools implement effective school breakfast programs:

- [Innovative Breakfast Delivery Options](#)
- [Breakfast After The Bell Pre-Implementation Checklist](#)
- [Tips for implementing an Effective Grab and Go Program](#)

- [Making Breakfast After the Bell Work in Middle and High Schools](#)
- [Breakfast in the Classroom Rollout Timeline](#)
- [Grab and Go to the Classroom Rollout Timeline](#)

#### [How to Launch a School Breakfast Challenge](#)

This brief outlines key elements of a successful school breakfast challenge.

#### ***No Kid Hungry Virginia Campaign Resources***

##### [Virginia School Breakfast Brochure](#)

This brochure presents information on how Virginia schools can start school breakfast programs and highlights successful school breakfast practices in Virginia.

##### [Virginia School Breakfast Best Practices](#)

This brochure is a step-by-step guide to building a strong and effective school breakfast program, including tips from Virginia school breakfast practitioners.

#### ***U.S. Department of Agriculture Resources***

##### [School Breakfast Program Homepage](#)

USDA's website provides technical information, program facts and statistics, as well as promotional information.

##### [MyPlate Guide to School Breakfast](#)

This infographic highlights healthy foods that are part of a balanced school breakfast.

#### ***U.S. Department of Education Resources***

##### [Break the Fast: A Guide for School Breakfast Programs \(NY\)](#)

Guidelines for implementing and operating a school breakfast program in New York are provided in this document

## **Luncheon and Keynote: Developing a Childhood Hunger Narrative**

#### ***Share Our Strength: No Kid Hungry Resources***

##### [Ending Childhood Hunger: A Governor's Checklist](#)

This checklist outlines a host of options that a governor can take to end childhood hunger.

## ***The Hodges Partnership Resources***

### [Earned, Owned, Paid: The Hodges Playbook](#)

This free ebook contains media relations tips, how to start your “Owned” content machine and keep it running, how to use social media to make sure your content is reaching the right people, and how to measure success

## **Session 3: Collecting and Leveraging Data to Fight Childhood Hunger**

### [A Data Driven Strategy to Reduce Hunger and Increase Stability in Maryland \(Benefits Data Trust\)](#)

A case study of the Maryland Benefits Center efforts to increase participation of eligible senior and households with children in the state’s SNAP program.

### [Sharing Aggregate Data to Expand Program Access and Services in Child Nutrition Programs](#) (USDA Memo)

This USDA Food and Nutrition Services memo focuses on data sharing across child nutrition programs and with partner organizations.

### [U.S. Department of Agriculture, Food and Nutrition Services Data and Statistics](#)

The USDA provides selected statistical information for the Supplemental Nutrition Assistance Program (SNAP); the Special Supplemental Nutrition Program for Women, Infants and Children (WIC); Child Nutrition Programs (National School Lunch, School Breakfast, Child and Adult Care, Summer Food Service and Special Milk); and Food Distribution Programs (Schools, Emergency Food Assistance, Indian Reservations, Commodity Supplemental, Nutrition for the Elderly, and Charitable Institutions).

## **Session 4: Expanding Access to Healthy Food for Families**

### [Food for Every Child: The Need for Healthy Food Financing in Virginia](#)

This 2015 report prepared by the Food Trust illustrates the problem of supermarket scarcity and documents the urgency of ensuring that all residents of Virginia have access to healthy and affordable food.

### [American Heart Association: VA Grocery Investment Fund Webpage](#)

This webpage includes information on the Virginia Grocery Investment Fund and summary information for the *Food for Every Child Report*.

### [Wholesome Wave Doubling SNAP Webpage](#)

This webpage includes information on Wholesome Wave's SNAP doubling program to buy fruits and vegetables.

### [Healthy Food in School, Afterschool, and Early Care and Education Environments](#)

From the U.S. Center for Disease Control's *Health Equity Guide* (2013), making the case for healthy food and beverage strategies.

## **Session 5: Ending Hunger When School is Out**

### ***Share Our Strength: No Kid Hungry Resources***

#### [State Agency Administration of Afterschool Snack and Meal Programs](#)

Based on interviews with 46 state agency officials and information from nearly every state, this report explores differences in administration across the country and the impact on the administration of child nutrition programs.

#### [Afterschool Snacks & Meals History and Trends](#)

This report examines the history and trends of afterschool snacks and meal programs.

#### [CACFP-SFSP Streamlining and Cross-Promotion](#)

This handout provides options for state agencies to facilitate streamlining between the CACFP At Risk Afterschool Meals Program and SFSP.

The following tools can help schools start or expand an afterschool nutrition program:

- [Three Meals a Day: A Win-Win-Win Executive Summary](#)
- [Three Meals a Day: A Win-Win-Win Full Resource Guide to Starting and Expanding Your Afterschool Meals Program](#)
- [Supper Makes Cents for Schools](#)
- [Supper in the Classroom Handout](#)
- [Afterschool Meals Umbrella Model Handout](#)
- [Afterschool Meals Outreach Toolkit](#)

#### [2017 Summer Meals Strategic Communications Playbook](#)

This toolkit contains tips, best practices, and customizable assets from experts and partners around the country that can ensure that your constituents know about the summer meals program options in their communities.

#### [Summer Outreach Toolkit](#)

The toolkit has instructions and templates to help promote summer meals programs, as well as outreach materials that you can tailor with tips to use in your community.

[Averaged Eligibility Map](#)

Use this map to determine which areas are eligible to operate summer meals sites in your state.

[Summer Collaborative Planning Toolkit](#)

State agencies and nonprofit organizations can use this resource to develop a collaborative plan to increase participation in summer meals.

[Summer Meals Program Policy](#)

This webpage includes policy guidance and state legislation related to summer meal programs.

[Schools as Nutrition Hubs brochure](#) and [Report](#)

Developed in partnership with the School Nutrition Foundation, both highlight the benefits and strategies of operating school nutrition hubs from successful school nutrition professionals.

***U.S. Department of Agriculture Resources***

[USDA Summer Food Service Program Homepage](#)

USDA's website provides technical guidelines, program facts and statistics, as well as promotional information.

***The NGA Center for Best Practices and Share Our Strength thank the Arby's Foundation and Anthem for their support of the Learning Lab.***