

HEALTHY SCHOOLS TRAINING KREWE

Healthy schools. Healthy children.

MISSION

To enhance the knowledge and skills of those working to create healthier schools.



THE KREWE

The Krewe is a group of expert trainers from different organizations that have joined together to support healthier schools. Oftentimes, expert trainers are volunteering their time to lead workshops and trainings to help schools make changes.



SERVICES

Free professional development to schools and school districts.

PARTNERS

Action for Healthy Kids, Alliance for a Healthier Generation, The Health Enrichment Network – EatMoveGrow, Louisiana Association for Health, Physical Education, Recreation and Dance, Louisiana Department of Education, Louisiana Department of Health, Louisiana Fit Kids, School Nutrition Association of Louisiana and Well-Ahead Louisiana

CONTACT

For more information email emily.pineda@la.gov or visit wellaheadla.com.

AVAILABLE WORKSHOPS

Healthy schools. Healthy children.

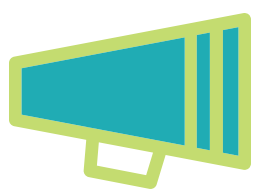
Below are a few [examples](#) of training topics. However, the Healthy Schools Training Krewe is not limited to the list below.

- Wellness Policies: What Can You Do?
- Supporting Quality Physical Education
- Increasing Physical Activity
- Supporting Recess in Elementary Schools
- Classroom Energizers
- Using the Well Sat 2.0 tool
- Creating Supportive School Nutrition Environments
- Improving Access to Drinking Water in Schools
- Promotion of Foods and Beverages at School
- Smart Snacks in Schools
- Smarter Lunchrooms
- Celebration and Rewards in Schools
- Staff Role Modeling for Healthy Habits
- Comprehensive School Physical Activity Program
- Tips for Classroom Teachers
- Parents for Healthy Schools
- CDC School Health Index
- Implementing a Healthy Schools Program

HOW TO GET INVOLVED



Be a leader in your community and serve as a **Trainer** for the Healthy Schools Training Krewe.



Spread the word about the Healthy Schools Training Krewe with schools in your community.



Sponsor a training for a school in your community.