

Kent School District – Farm to School

Student Survey (7th grade & 10th/11th grade)

Kent School District Food and Nutrition Services (FNS), the program that makes your school food, wants you to help them re-design your school meals to be fresh, healthy, and delicious. We, FNS and the Washington State Department of Agriculture Farm-to-School Program, want to know what you think about the food and what you want to eat. Please share your thoughts and ideas with us in this survey so together we can create a great eating experience at your school!!

Food in Your Diet

1. Where do you eat the majority of the fruits and vegetables in your diet? Please choose one.
 - a. At school
 - b. At home
 - c. Both
 - d. Other (please specify)

Food that You Eat AT HOME

2. How many times per day do you eat FRUIT AT HOME? Please select one.

None Once Twice Three times More than three times

- a. If you eat fruit once a day or more, please write the fruits you eat.

3. How many times per day do you eat VEGETABLES AT HOME? Please select one.

None Once Twice Three times More than three times

- a. If you eat vegetables once a day or more, please write the vegetables you eat.

Food that You Eat AT SCHOOL

4. Do you eat any FRUIT AT SCHOOL? YES NO

- a. If yes, please write the fruits you eat.

b. If no, please explain why you don't eat fruits at school.

5. Do you eat any VEGETABLES AT SCHOOL? YES NO

a. If yes, please write the vegetables you eat.

b. If no, please explain why you don't eat vegetables at school.

6. What are some FRUITS that you would like to eat at school that are not currently being served?

7. What are some VEGETABLES that you would like to eat at school that are not currently being served?

8. When you choose lunch at school, how do you pick what to eat? Please select the top 3 reasons you base your choice on.

- a. How it looks
- b. How it tastes
- c. How fresh it is
- d. How much it costs
- e. How much time you have to eat
- f. Easy to eat (i.e. hand-held)
- g. If it is something you regularly eat
- h. If it is something new to try
- i. If it is healthy
- j. Dietary restriction (food allergy, Vegetarian, etc.)
- k. Other (please specify in the box)

9. Where do you usually get your lunch on school days? Please select how many days per week you get your lunch from the following places.

	a. not at all	b. 1-2 days/wk	c. 3-4 days/wk	d. 5 days/wk
From the main lunch line in the school cafeteria	a	b	c	d
From the <i>a la carte</i> line in the school cafeteria	a	b	c	d
From a vending machine at school	a	b	c	d
From the school store/student store	a	b	c	d
From somewhere off-campus	a	b	c	d
From home	a	b	c	d
I don't eat lunch	a	b	c	d

10. Please write your definition of healthy food.

11. Do you think the food served in the school cafeteria is healthy? Please choose one.

- a. Yes, all of the time.
- b. Yes, most of the time.
- c. Yes, some of the time.
- d. No

12. Would you like to see more healthy food served in the school cafeteria? Please choose one.

- a. Yes, all of the time.
- b. Yes, most of the time.
- c. Yes, some of the time.
- d. No

13. Please list 5 healthy food items that you would like to see served in the school cafeteria

1.
2.
3.
4.
5.

Thank you for taking this survey!