Louisiana Grown Fruit and Vegetable Seasonality Chart

Categories	Produce	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Green	Beet Greens												
	Bok Choy												
	Broccoli												
	Chards												
	Greens												
	Kales												
	Lettuce												
	Spinach												
Orange	Carrots												
	*Citrus												
	Peaches												
	*Pumpkins												
	*Sweet Potatoes												
	*Winter Squash												
	*Cantaloupe												
Categories	Produce	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Starchy	*Corn/Sweet Corn												
	Green peas/ shell peas												
	Green peas, snap/snow												
	Potatoes												
Other	Artichokes												
	Asparagus												
	Basil												
	Beets												
	Blueberries												
	Brussel Sprouts												
	*Cabbage												
	Cauliflower												
	*Cucumbers												
	*Eggplant												
	Leeks												
	*Mushrooms												
	Okra												
	Onions												
	*Peppers												
	Radishes												
	*Strawberries												
	*Summer Squash												
	*Tomatoes												
	*Watermelon												