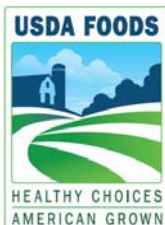


USDA Foods Product Information Sheet

For Child Nutrition Programs



110721— Sweet Potatoes, Crinkle Cut Fries, Frozen

Category: **Vegetables**
Subgroup: **Red/Orange**



PRODUCT DESCRIPTION

This item is U.S. Grade A sweet potato crinkle cut oven fries. Each piece is approximately 3/8 x 3/8 inch to 1/2 x 1/2 inch. This product meets a low-sodium standard (140 mg or less per serving). This item is delivered frozen in 30-pound cases containing six 5-pound packages.

CREDITING/YIELD

- One case provides about 195 1/2-cup servings of cooked sweet potato fries.
- CN Crediting: 1/2 cup cooked sweet potato fries credits as 1/2 cup red/orange vegetable.

CULINARY TIPS AND RECIPES

- Sweet potato fries can be oven baked and served as a side dish with seasonings such as cinnamon, garlic powder, paprika, or curry to provide a unique flavor.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or USDA's [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1/2 cup (69g) sweet potato crinkle cut fries

Amount Per Serving

Calories 150

Total Fat 8g

Saturated Fat 2g

Trans Fat 0g

Cholesterol 0mg

Sodium 125mg

Total Carbohydrate 19g

Dietary Fiber 3g

Sugars 3g

Protein 1g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.