

Foods Product Information Sheet

Whole Grain Waffle

NUTRITION FACTS

Serving size: 2 each (74g)

Amount Per Serving

Calories 160

Total Fat 3g

Saturated Fat 0g

Sodium 105mg

Source: USDA Foods Vendor Labels

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CN Two 1oz Whole Grain Waffles provide 2.00 Ounce Equivalent Grain for the Child Nutrition Meal Pattern Requirements. **CN**

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