

Foods Product Information Sheet

Cabbage, Boiled

NUTRITION FACTS

Serving size: 1/2c

Amount Per Serving

Calories 17

Total Fat 0g

Saturated Fat 0g

Sodium 6mg

Source: Adapted from Approved Vendor Labels

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One 1/2c Boiled Cabbage provides 1/2 cup Other Vegetable for the Child Nutrition Meal Pattern Requirements.

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