

Foods Product Information Sheet

Cauliflower Florets, Raw

NUTRITION FACTS

Serving size: 1/2c

Amount Per Serving

Calories 10

Total Fat 0g

Saturated Fat 0g

Sodium 0mg

Source: Adapted from Approved Vendor Labels

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One 1/2 cup of Cauliflower Florets provides 1/2 cup
Other Vegetable for the Child Nutrition Meal Pattern
Requirements.

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