

# Foods Product Information Sheet

## Cucumber, Raw

### NUTRITION FACTS

Serving size: 1/4c

#### Amount Per Serving

**Calories** 7

**Total Fat** 1g

Saturated Fat 0g

**Sodium** 0mg

Source: Adapted from Approved Vendor Labels

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One 1/2c Cucumber provides 1/2 cup Other Vegetable for the Child Nutrition Meal Pattern Requirements.

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