

Foods Product Information Sheet

Fish Sticks

NUTRITION FACTS

Serving size: 4oz

Amount Per Serving

Calories 277

Total Fat 16.2g

Saturated Fat

Sodium 402mg

Source: Adapted from Approved Vendor Labels

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CN 4 oz Chicken Nuggets provides 2.00 Oz Equivalent Meat/Meat Alternative and 1.00 Oz Equivalent Grains for the Child Nutrition Meal Pattern Requirements. **CN**

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