

Foods Product Information Sheet

Beef Fingers, Whole Grain

NUTRITION FACTS

Serving size: 2oz

Amount Per Serving

Calories 205

Total Fat 10g

Saturated Fat 3.5g

Sodium 190mg

Source: Adapted from Approved Vendor Labels

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One 2.0oz serving of WG Beef Fingers provides
1.00 Oz Equivalent Meat/Meat Alternate and 0.5 Oz
Equivalent Whole Grain for the Child Nutrition Meal
Pattern Requirements.

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