

Carrots, Baby K-8 (Calcasieu)

Recipe: 000020 CARROTS, BABY K-8

Recipe Source: LCM CALCASIEU
 Recipe Group: VEGETABLES

Recipe HACCP Process:

Alternate Recipe Name:
 Number of Portions: 100
 Size of Portion: 1/2 CUP

050525 CARROTS, BABY-CUT, FRESH, PEELED...	7 LB + 8 OZ	PORTION 1/2 CUP BABY CARROTS
		NO BARE HAND CONTACT: With ready to eat foods. Must use disposable gloves, tongs, tissue, etc. COLD HOLDING: All food items being held for service to be served cold will be maintained at or below 41 degrees. CORRECTIVE ACTION COLD FOOD: Any food item being served cold must be maintained at or below 41. In the event the temperature of the cold item rises above 41, it must be returned to a refrigerated or frozen atmosphere and temperature reduced to 41 or below.
		CCP: Hold for cold service at 41° F or lower.

*Nutrients are based upon 1 Portion Size (1/2 CUP)

Calories	12 kcal	Cholesterol	0.00 mg	Sugars	0.00 g	Calcium	10.80 mg	3.06%	Calories from Total Fat
Total Fat	0.04 g	Sodium	26.40 mg	Protein	0.21 g	Iron	0.31 mg	0.51%	Calories from Saturated Fat
Saturated Fat	0.01 g	Carbohydrates	2.77 g	Vitamin A	4690.80 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	0.98 g	Vitamin C	0.90 mg	Ash ¹	0.00 g	92.43%	Calories from Carbohydrates
								7.14%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Miscellaneous		Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt.....	oz			N - Milk	
Grain.....	oz			N - Egg	
Fruit.....	cup			N - Peanut	
Vegetable.....	0.5 cup			N - Tree Nut	
Milk.....	cup			N - Fish	
Moisture & Fat Change					
Moisture Change.	0%			N - Shellfish	
Fat Change.....	0%			N - Soy	
Type of Fat.....				N - Wheat	

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Page 2

Recipe

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	050525	CARROTS, BABY-CUT, FRESH, PEELED			

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