

Candy Corn Fruit Cup (Livingston)

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Recipe

Recipe: 000404 CANDY CORN FRUIT CUP

Recipe Source: LCM LIVINGSTON

Recipe Group: FRUIT

Recipe HACCP Process: #1 No Cook

Alternate Recipe Name:

Number of Portions: 100

Size of Portion: 1/2 CUP

902400 PINEAPPLE, CANNED, TIDBITS, SOLIDS AND LIQUID..... 009220 TANGERINES,(MANDARIN ORANGES),CND,LT SYRUP PK....	18 LB + 30 OZ 19 LB + 2 OZ	1. CLEAN TOPS OF CANS BEFORE OPENING.
		2. DRAIN PINEAPPLE TIDBITS AND ORANGE SEGMENTS COMPLETELY.
		3. PORTION IN LAYERS: 1/4 CUP PINEAPPLE TIDBITS (PORTION WITH #16 SCOOP) THEN, 1/4 CUP ORANGE SEGMENTS (PORTION WITH #16 SCOOP)
042135 WHIPPED TOPPING,FRZ,LOFAT..... 902980 CANDIES, CANDY CORN.....	200 TBSP 205 1/4 GRAM	4. GARNISH WITH 2 TABLESPOONS WHIPPED TOPPING 5. PLACE 1 PIECE OF CANDY CORN ON TOP OF WHIPPED TOPPING TO CREATE A FALL THEMED TREAT.

*Nutrients are based upon 1 Portion Size (1/2 CUP)

Calories	128 kcal	Cholesterol	*0.19* mg	Sugars	*17.33* g	Calcium	25.40 mg	10.02%	Calories from Total Fat
Total Fat	1.42 g	Sodium	16.34 mg	Protein	0.99 g	Iron	0.67 mg	7.57%	Calories from Saturated Fat
Saturated Fat	1.07 g	Carbohydrates	30.09 g	Vitamin A	769.44 IU	Water ¹	*77.65* g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	Dietary Fiber	1.31 g	Vitamin C	23.79 mg	Ash ¹	*0.22* g	94.20%	Calories from Carbohydrates
								3.09%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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<u>Miscellaneous</u>		<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt.....	oz		Y - Milk		? - Egg
Grain.....	oz				? - Peanut
Fruit.....	0.500 cup				? - Tree Nut
Vegetable.....	cup				? - Fish
Milk.....	cup				? - Shellfish
<u>Moisture & Fat Change</u>					
Moisture Change.	0%				? - Soy
Fat Change.....	0%				? - Wheat
Type of Fat.....					

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	902400	PINEAPPLE, CANNED, TIDBITS, SOLIDS AND			
I	009220	TANGERINES,(MANDARIN ORANGES),CND,LT			
I	042135	WHIPPED TOPPING,FRZ,LOFAT			
I	902980	CANDIES, CANDY CORN			

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