



1 in 4 kids in Louisiana struggles with hunger.

BUT SCHOOL BREAKFAST ONLY REACHES 57% OF STUDENTS WHO MAY NEED IT.

Making breakfast part of the school day ensures more kids get a healthy morning meal.

While most schools offer breakfast, barriers such as transportation challenges and the early hour can make it difficult for many kids to participate. Making breakfast available as part of the school day using alternative delivery models eliminates those barriers and dramatically increases participation in the program.



Breakfast in the Classroom

Breakfast is delivered and eaten in the classroom after the official start of the school day. Participation rates average 88%.



Second Chance Breakfast

Students eat breakfast during a break in the morning, often between first and second period. Participation rates average 70%.



Grab and Go to the Classroom

Students pick up breakfasts from mobile service carts on the way to class. Participation rates average 63%.

Note: Participation rates are measured by the average daily participation of free and reduced-price school breakfast eaters / average daily participation free and reduced-price school lunch eaters.



National Breakfast Facts

3 out of 4

Teachers say they see kids who are regularly coming to school hungry.

92%

Teachers who say they are concerned about how hunger impacts their students' ability to succeed.

63%

Low-income students who say school meals help them pay attention and behave in class.

80%

Teachers who see their hungry students lose the ability to concentrate.

Learn more from the Hunger In Our Schools report at <http://bit.ly/HIOSReport>

No Kid Hungry Louisiana

No Kid Hungry Louisiana works with partners – lawmakers, educators, business leaders and nonprofits - to identify and eliminate the barriers that may prevent children from accessing existing nutrition programs.

School breakfast can help close the gap between kids who have enough to eat and those who don't. No Kid Hungry Louisiana works with dozens of school districts across the state to make sure this meal effectively reaches the kids who need it.

Providing everything from local grants to technical assistance, No Kid Hungry Louisiana can help breakfast implementation run smoothly.

Examples of Success:

In **Livingston Parish Public Schools**, there has been an overall increase in breakfast participation of 46% since implementing Universal Breakfast. Schools that have implemented Breakfast in the Classroom have 80-90% daily participation.

East Baton Rouge Parish School System started by piloting Breakfast in the Classroom (BIC) at five sites in 2014, and is now offering the program at 34 sites. Area supervisors contacted interested principals to encourage BIC and discuss program benefits, such as the potential to increase meals. The district BIC trainer worked with area supervisors and principals on individual school logistics, as well as the training of school staff.

Prior to partnering with No Kid Hungry Louisiana, less than five schools in **Lafayette Parish School System** utilized alternative breakfast models. As a result of the partnership, more than 20 schools will offer grab and go or breakfast in the class room this year, and hope to surpass 70% breakfast participation in participating schools by the 2019-2020 school year.



“As a former teacher, I have seen first-hand what can happen when children attend school without having enough to eat. It impacts them in many ways. When kids get regular healthy meals they do better on tests, have fewer discipline and health problems and are more likely to graduate from high school.”

– Donna Edwards
First Lady of Louisiana

No Kid Hungry Works With Schools

Targeted, capacity-building grants.

Schools implementing alternative breakfast programs can apply for grants to help cover start-up costs, including the purchase of equipment like insulated bags, grab-and-go carts or other operational supplies.

Technical assistance.

No Kid Hungry can provide hands-on assistance including program set-up, data collection, teacher trainings, equipment recommendations and peer-to-peer advice.

Communications.

No Kid Hungry has tools available to promote breakfast to students, parents and staff, including marketing materials, flyers, outreach language and press releases.

For more information on grants, technical assistance or No Kid Hungry Louisiana, contact **Rhonda Jackson** at rjackson@strength.org or **Donna Glapion** at dglapion@strength.org