

Foods Product Information Sheet

Banana, Fresh

NUTRITION FACTS

Serving size: 1/2c

Amount Per Serving

Calories 110

Total Fat 0g

Saturated Fat 0g

Sodium 1mg

Source: USDA Foods Vendor Labels

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CN One 1/2 cup Banana provides 1/2 cup Fruit for the Child Nutrition Meal Pattern Requirements. **CN**

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