

Foods Product Information Sheet

Whole Grain Blueberry Muffin

NUTRITION FACTS

Serving size: 2 oz.

Amount Per Serving

Calories 160

Total Fat 5g

Saturated Fat 0.5g

Sodium 95mg

Source: USDA Foods Vendor Labels

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CN One 2oz Whole Grain Blueberry Muffin provides
1.00 Ounce Equivalent Grain for the Child Nutrition
Meal Pattern Requirements. **CN**

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