

# Foods Product Information Sheet

## Whole Grain Waffle

### NUTRITION FACTS

Serving size: 2 each (74g)

#### Amount Per Serving

**Calories** 160

**Total Fat** 3g

Saturated Fat 0g

**Sodium** 105mg

Source: USDA Foods Vendor Labels

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**CN** Tow 1oz Whole Grain Waffles provide 2.00 Ounce Equivalent Grain for the Child Nutrition Meal Pattern Requirements. **CN**

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