

# Cornbread (Calcasieu)

**Recipe: 000015 CORNBREAD**  
 Recipe Source: LCM CALCASIEU  
 Recipe Group: BREAD/ROLLS/STARCH

**Recipe HACCP Process:**

Alternate Recipe Name:  
 Number of Portions: 50  
 Size of Portion: 2 oz

051424 FLOUR, WHITE, WHEAT, ALL PURPOSE, ENRICHED,..... 050389 CORNMEAL, ENRICHED, YELLOW, DEGERMED..... 019335 SUGARS, GRANULATED..... 002047 SALT, TABLE..... 001092 MILK, DRY, NONFAT, INST, W/ VIT A..... 004044 OIL, SOYBN, SALAD OR COOKING..... 050430 EGGS, WHOLE, FROZEN, PASTEURIZED, RAW..... 014411 WATER, TAP, DRINKING..... 018369 LEAVENING AGENTS, BAKING PDR, DOUBLE-ACTING, NA.....	2 LB 2 LB 1 CUP + 1/2 CUP 2 TSP + 1/2 TSP 2 CUP + 5/8 CUP 1 CUP 1 CUP + 1/4 CUP 32 OZ + 3 1/2 cup (8 fl oz) 73 5/8 GRAM	<b>CCP:</b> Heat to 135° F or higher.  <b>CCP:</b> Hold for hot service at 135° F or higher
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\*Nutrients are based upon 1 Portion Size (2 oz)

Calories	218 kcal	Cholesterol	23.18 mg	Sugars	7.88 g	Calcium	138.09 mg	22.57%	Calories from Total Fat
Total Fat	5.46 g	Sodium	303.62 mg	Protein	5.21 g	Iron	1.92 mg	3.93%	Calories from Saturated Fat
Saturated Fat	0.95 g	Carbohydrates	36.66 g	Vitamin A	155.74 IU	Water <sup>1</sup>	34.91 g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.00* g	Dietary Fiber	1.20 g	Vitamin C	0.20 mg	Ash <sup>1</sup>	1.61 g	67.35%	Calories from Carbohydrates
								9.57%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes optional nutrient values  
<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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<b>Miscellaneous</b>		<b>Attributes</b>	<b>Allergens Present</b>	<b>Allergens Absent</b>	<b>Allergens Unidentified</b>
Meat/Alt.....	oz		Y - Milk	N - Peanut	
Grain.....	2.000 oz		Y - Egg	N - Tree Nut	
Fruit.....	cup		Y - Soy	N - Fish	
Vegetable.....	cup		Y - Wheat	N - Shellfish	
Milk.....	cup				
<b>Moisture &amp; Fat Change</b>					
Moisture Change.	0%				
Fat Change.....	0%				
Type of Fat.....					

**Production Specification**

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	051424	FLOUR, WHITE, WHEAT, ALL PURPOSE, ENR			
I	050389	CORNMEAL, ENRICHED, YELLOW, DEGERME			
I	019335	SUGARS, GRANULATED			
I	002047	SALT, TABLE			
I	001092	MILK, DRY, NONFAT, INST, W/ VIT A			
I	004044	OIL, SOYBN, SALAD OR COOKING			
I	050430	EGGS, WHOLE, FROZEN, PASTEURIZED, RA			
I	014411	WATER, TAP, DRINKING			
I	018369	LEAVENING AGENTS, BAKING PDR, DOUBLE-A			

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