

Foods Product Information Sheet

Honeydew Melon

NUTRITION FACTS

Serving size: 1/2 cup

Amount Per Serving

Calories 30

Total Fat 0g

Saturated Fat 0g

Sodium 32mg

Source: USDA Foods Vendor Labels

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One 1/2 cup of Honeydew Melon provides 1/2 cup
Fruit for the Child Nutrition Program Meal Pattern
Requirements.

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