

# Foods Product Information Sheet

## Chicken Nuggets, Whole Grain

### NUTRITION FACTS

Serving size: 5 each

#### Amount Per Serving

**Calories** 300

**Total Fat** 15g

Saturated Fat 3g

**Sodium** 430mg

Source: Adapted from Approved Vendor Labels

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**CN** One 5 piece serving of WG Chicken Nuggets provides 2.00 Oz Equivalents Meat/Meat Alternate and 1.00 Oz Equivalent Whole Grain for the Child Nutrition Meal Pattern Requirements. **CN**

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